

1-2 weeks before peel - do not use any products with retinol or glycolic acid in them. 3 days prior - refrain from anything that will be rough on your skin (exfoliants, vigorous scrubbing). Usually your face will be a little pink after your peel and you will start peeling anywhere from 1 - 3 days after. Peeling can vary from light flaking to pieces the size of your baby toenail. Pulling any skin off can result in scarring, so best to trim these off with cuticle scissors. Peeling can last, in varying degrees, up to 2 weeks. You must stay out of direct sunlight while peeling and use SPF 50 or higher (Neutrogena has a great one for the face, as well as other brands). Post care will be reviewed at the time of your appt. Call, text or Msg with any questions or concerns and I look forward to revealing your new, beautiful skin!